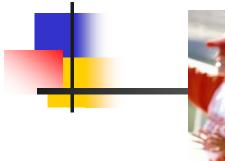


"Children do not magically learn morality, kindness and decency any more than they learn math, English or science. They mature into decent and responsible people by emulating adults who are examples and models for them, especially courageous

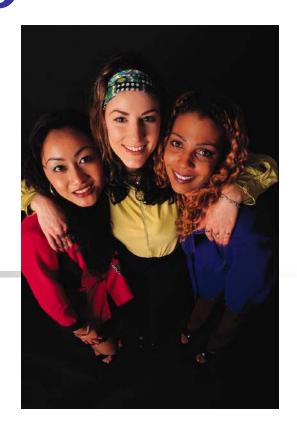
parents with principles and values who support what they believe."

Neil Kurshan <u>Raising Your Child To Be A Mensch</u>

## Building Positive Peer Relationships







What teachers and parents can do to prevent and intervene with misbehavior and bullying.



### We are a Team

- The roles of parents, counselors and administration
- Incidents at AES: difference between misbehavior and bullying
- When behavior issues arise, how we work together



## Discipline

"I think of discipline as the continual everyday process of helping a child learn self-discipline".

Fred Rogers

Discipline is not something we do TO children. It is a process that gives life to learning; it is restorative, and it invites reconciliation. Its goal is to instruct, to teach, to guide and to help children develop selfdiscipline-an ordering of the self from the inside...we are concerned not with mere compliance but with inviting children to delve deep into themselves..."

Barbara Coloroso

### What we do at school



#### Building a Caring Community

#### **Prevention**

- 1. School Climate: Our core values *Respect, Responsibility, Honesty and Caring*
- 2. A sense of belonging and connectedness
- 3. Teaching Social Skills
- 4. Empathy Building
- 5. A feeling of being competent and capable

#### What we do at school

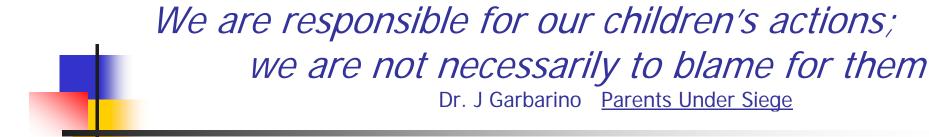


#### Building A Caring Community

#### **Intervention**

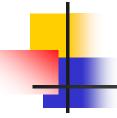
- 1. **Discipline** not Punishment
- 2. Home/school partnership
- 3. Monitoring and supervision
- 4. Teaching ,counseling and understanding the impact of one's behavior

#### What can we do at home?



- A. You believe your child has been the target of misbehavior or bullying
- B. You believe your child has hurt or bullied someone





according to Barabra Coloroso

#### Do's

- Be an "askable" parent by listening.
- Messages from the parent:
  - 1. I hear you "tell me about it"
  - 2. It is not your fault
  - 3. There are things you can do
- Report the incident to school personnel

#### Don'ts

- Minimize, rationalize or explain away the child's bullying behavior
- Don't rush in and solve the problem for your child.
- Don't tell your child to avoid the child who has bullied him/her
- Don't tell your child to fight back.
- Don't confront the child who has bullied or his/her parents alone



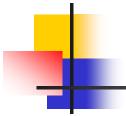
- 1. Be non-defensive. Try not to reacted emotionally.
- 2. Ask what happened.
- 3. Ask what the school has done/plans to do.
- 4. Ask your child what happened.
- 5 Be an ally with the school to solve the problem.

# If your child has hurt or bullied someone (or been a bystander)



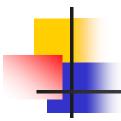
- Reflect on your family dynamics
- Intervene immediately with DISCIPLINE (NOT PUNISHMENT)
  - 1. Explain what he/she has done wrong (no minimizing, or softening the act)
  - 2. Child owns the problem (No blame shifting, buts or rationalizing)
  - 3. Provide process for solving the problem: Restitution, Resolution and Reconciliation
  - 4. Leave the child's dignity intact.





... working with and teaching your child

- Create Opportunities to "do good"
- Nurture Empathy
- Teach Friendship Skills
- Monitor your child's TV viewing, computer activities, video games and music
- Engage in more constructive, entertaining and energizing activities
- Teach your child to "Will good"



## **Parenting**



"Our most important task as parents is raising children who will be decent, responsible, and caring people devoted to making this world a more compassionate place."

Neil Kurshan Raising Your Child To Be A Mensch